

Abortions Affect on Unhealed Parents And Their Children

One of the common side effects of unhealed abortion grief is the inability of a mother to bond with her child. Deep in her soul she has not forgiven herself for the abortion and either survivor guilt or fear of bad mothering propels her to keep maternal love at bay. She is probably unaware of the heart issue but she behaves out of her heart.

A second side effect is the extreme opposite; it is often referred to as helicopter parenting. Although there is a natural, healthy instinct to protect our children, helicopter parents who have been involved in abortion decisions are often trying to atone for their abortion or simply fearful that, because they took the life of their child, they will lose their living child or children. The cultural acceptance of “karma” is strong amongst post abortive people. Because their hearts are unhealed, they are often looking at the curses rather than the blessings of parenthood.

If the parents are unaware of the underlying reasons of their lack of bonding or helicopter parenting, the children are all the more unaware. However, both reactions of parents have negative impacts on the children.

Another side effect of unhealed abortion grief is uncontrolled anger, rage. I didn't experience this until I had a stepdaughter. Then rage flared often and I didn't know where it came from. Then I attended a post abortion healing group and heard another woman say, “When I get angry with my child I think, ‘I've killed a child for less than what you just did.’” I had never thought that, but I certainly recognized that voice in my heart.

We encourage you to make your youth pastors aware of this impact. We also encourage you to speak openly about how unhealed hearts (those who have not forgiven themselves or others and grieved their lost child) can impact their current children. Encourage confession, forgiveness, healthy grief, acceptance and healing.