

When Someone Confesses an Abortion:

Because the command, “Confess your sins one to another,” is not often practiced in the church today, you probably don’t hear many such confessions. Most post-abortive people can’t bear to even think of telling anyone.

Some may casually admit to having or urging/coercing an abortion. That casualness reflects one of two reasons. First, the person may be seeking your approval of abortion. In other words, as scripture would say, seeking peace where there is no peace.

Secondly, a person may seek acceptance of his or herself as a person. We all seek acceptance in whatever culture we’re in, but the post abortive has a keen need for it because they haven’t forgiven themselves. They may know with all their heart that they are forgiven by the blood of Jesus, but they also need to know that they are forgiven in the church. Ask yourself, are they? How would they know on a personal level?

The media driven campaign to “Shout out your abortion,” got a response of a miniscule percentage of post abortive women. And even that response is often in a stage of grief that desperately needs assurance. “If I can convince others that it’s OK, then they will reflect back to me that it’s OK.”

Others may admit abortion when seeking help for mental illness. The American Psychological Association disputes causal links between abortion and mental health problems such as depression and anxiety. Their studies on this issue involved only women in the first two years after their abortions. However, it is usually after that two-year period when most women admit or recognize that they have a problem.

The church has an opportunity to change the conversation. You are a leader in that conversation. What will you say? We offer our resources for the discussion.